

NEWSLETTER

ADELAIDE LETS

www.communityexchange.net.au

What's On

One Planet Market

Saturday 19th November
374 Payneham Road, Payneham

9am until 12pm
Outdoor market
(weather permitting)

10:30am to 11:30am Free Workshop
"Home Waste Management" with
Louise Alderson

Swap and Share, LETS stalls, live music,
morning teas, Lebanese food, repair
café, etc. Please bring whatever you
need if you are having a stall - table,
chair, etc.

Confirmation will be emailed out a few
days before market when we know
more about the weather forecast

ADELAIDE
LETS
Local Exchange Trading System

LETS Catch Up and Trading Day

Wednesday 23rd November 11am-1pm

Catch up and trading day at
Rosemarie's home

84 Torres Ave, Flinders Park

Rosemarie will provide lunch, cake, tea
and coffee for 7 units per head.

Please rsvp to Rosemarie on
0404701323 or
rosemarie.bos.39@gmail.com



Fleurieu LETS market

Sunday 27th November, 8.30-11am

Ekhidna Wines, 67 Branson road,
McLaren Vale

If you'd like to have a trading table, the
cost is 10 barts (or units)

Enquiries to Margi Beed:
0417 835 884 or 08 8556 5032

WELCOME TO NEW MEMBERS

0698 **Julie** (Lobethal) Offers handspun alpaca yarn

0699 **Touraya** (Uraidla) Offers fruit & veg

0700 **Pam** (Salisbury) Offers Warrigal greens

0701 **Caspian** (Crafers West) Offers Acupuncture

0702 **Jocelyn** (Mt. Barker) Offers spoon carving

0703 **Sonya** (Charleston) Offers Jewellery, produce, treasures from home & shed

0704 **Carrie** (Golden Grove) Offers Alchemy energetic healing, home energetic clearings, tarot readings

0705 **Nathan** (Hope Forest) Offers Dog training, handyman, portable saw milling

0706 **Jenny** (Mylor) Offers plants in season

0707 **Ruth** (Mt. Barker) Offers pop up events, astrology charts, basic gardening. Wants organic fruit & veg, dog minding and training

0708 **Summer Eve** (Prospect) Offers gardening, cleaning, art, Reiki, Seichem. Wants massage, energy healing, art & craft supplies

0709 **Cheryl** (Port Noarlunga) Offers zucchini and spaghetti squash seedlings, Wants wood chips

CES and contact info

Sometimes, the CES site is unreliable when it comes to sending messages, so we recommend adding your contact information into your Offering or Want listings, such as your email address, or best contact number.

SAVE THE DATE

Hills Summer Fair

Sunday 15th January 2023
Charleston Hall
Newman Rd Charleston
(only 35min from the CBD)

Held every 3 months with the change of season

Trading from 10am
Setting up from 9am

Shared lunch and get together to follow the market. Fully equipped kitchen available. All trestles and chairs supplied, just bring a cloth. Feel like jamming?

Bring a musical instrument. New members welcome, bring a friend if they are interested. Children welcome and there is a fabulous playground on the site. Lots of space.

SMS Libby 0422468487 or
catjonali@gmail.com

Offerings & Wants

Don't forget to log onto CES to update and check out the Offerings & Wants lists!

Some of the latest Offerings are: Large stock pot, Blanket or hooded cape, Soft toy repair, Mandarins, Astrology charts, Portable sawmilling service, dog training, and many more!

Some of the latest Wants are: Craft hole punches, House/cat sitter in Balhannah, Woodchips, Violin or Viola sheet music, sourdough starter, Dining Table, and more!

FUND RAISING EVENT IN 2023

Many thanks to everyone who responded to our notice about this planned event.

All very positive so far and pleasing to see some replies from members who we haven't yet met and have previously been unable to participate in our regular markets and other events. We are collating everything and will keep you updated. So far a slight preference for lunch on Saturday 10th March.

Everyone thought \$15 a fair cost and others were happy to make a donation. Some great offers to provide food.

A query about whether the movie about Tim maybe a bit old now and people would have already seen it. Maybe a workshop or speaker on a sustainable subject instead to follow the meal? What do others think?

Also a query about the timing in March when people are extra busy. This was chosen especially to make it inviting for possible interstate Lets attendees. We've asked admins of all other systems to pass on our invitation to their members and are awaiting feedback. If there is no interest we could change the date. Again, what do others think?

So keep your comments coming in. All ideas are very welcome.

NEW MEMBER TRADING TIPS

We are so happy to welcome lots of new members recently. Everyone would have received the initial welcome letter with instructions on how to log into the online CES system and access your account. Sometimes it's a bit overwhelming to take in everything, so here are a few tips to get your trading adventures off to a good start!

- Sometimes new members don't have a quick response to their initial offer, especially if it's something particular which others don't have a use for at this time.
- Other members O&W may suggest other listings you could offer. Don't be put off if others have the same offer. Everyone does things differently and it's great to have choices. Remember to always have at least one offering listed.
- Did you see the part in your welcome letter letting you know that new members don't need to earn units before they are able to spend, however we do ask you to be mindful that as a new member you have a debit limit of 50 units. Once you have made some contributions to the system your account debit limit will be raised to 200 units in line with all active members.
- You could browse our Wants listings - perhaps you may have something that someone else is looking for, or be able to provide a service to someone.
- Once you have put your Offers onto the CES website, you can repeat them on our Adelaide LETS Members facebook page with added pictures. Often you get a quick response here, whereas your offer may have been 'lost' in the long list of all members offers.
- Think about having a market stall or come to a catchup with any goods and services you may like to publicise. This is a great way to get to know other members. You may discover new friends with similar interests.

Do reach out to our admin team if anything is unclear or you have any queries. We are very happy to help.

Last Month's Events

One Planet Market at Payneham

Great to be outdoors again and what a busy market it was! Lots of good trades – sheep poo, various varieties of tomato seedlings, plants, preserves, flowers, etc. Lovely to welcome new stallholder Heather, one of the people who joined at the introductory Gawler mini market a couple of months ago. Althea is hoping to organice similar mini markets there perhaps once a season, watch this space.
-Sue



The workshop at the October market was presented by Gina and Rosa from Slow Food SA. They gave us a run down of the history and philosophy behind slow food - eat local and appreciate the time and knowledge that has gone into good food production. They suggested some excellent ways to avoid food waste by creating amazing recipes using "leftovers". Some wonderful ideas using fruit peels include mandarin dust and banana bacon, dolmades using nasturtium leaves instead of vine leaves and pickled nasturtium buds instead of caper berries. We also got to try some delicious treats made from the citrus peel you would normally throw away after squeezing juice. A fun and informative session enjoyed by all. Gina and Rosa will be back to present again in 2023.

If the attendees would like further information or copies of the recipes presented, please email opm@sustainablecommunitiessa.org.au and we can forward to you.
-Rachel

Last Month's Events

Hills Spring Fair

Our first Hills LETS market was a huge success! We had 18 stall holders with a huge variety of produce for sale. The bagged manure was gone within 2 hours, and as usual the fresh produce and seedlings were popular.

Nethica and her family won the prize of 2 nights at Largs Bay in a unit on the sea front. Everyone chatted and mingled, swapped and traded all the morning. A great surprise was the visit from the LETS members from the Fleurieu group who played the flute and the ukulele.

The shared lunch was also a huge success and everyone agreed the Charleston Hall was a great setting.

-Libby



Last Month's Events

Garden Working Bee

Last month Shannon hosted a Garden Working Bee and shared lunch at her place in Ottoway, and from all reports it was a fantastic and productive day.

There were many lovely comments in our Facebook group about it's success:

"A massive big thank you to everyone who helped out with yesterday's working bee!! I'm really thrilled with how it all went, and people have been super generous with their time and support.

Our goal was to put in a couple of vege beds, and a three sister bed or two, and I think we can safely say that we achieved that and more!

-Shannon

"Thank you Shannon for the delicious lunch at the working bee yesterday.

I hope that you have been able to create your vision towards sustainability."

-Libby

"You must have got so much more done after I left. Well done everyone! Looks like you are well set up for a good start in growing season now, Shannon.

I love how so much can get done when we work together.

Enjoyed spending time and having lunch with everyone as well, just sorry i couldn't stay longer"

-Thea



Last Month's Events



Fleurieu LETS Market

Yahna and I went up to McLaren Vale on Sunday for the Fleurieu LETS Market at Ekhidna Wines. Luckily for us, they had hosted a wedding the night before, so all of the left over flowers were free to take - we happily made up a few bunches to take home. The usual super fresh produce, eggs, seedlings, and seeds were on offer, as well as gorgeous hand made pottery, calendars and cards. Jasper was kind enough to let us take his photo with his vibrant market garden stall - make sure you come down and say hi next month. We had a couple of amazing GF Anzac biscuits, and there was also banana bread available. And don't forget, Ekhidna Wines are a LETS member too, and happy to take your coffee orders and wine selections in exchange for units!

-Jess

