

NEWSLETTER

# ADELAIDE LETS

[www.communityexchange.net.au](http://www.communityexchange.net.au)

## What's On

### **One Planet Market**

Saturday 17th December  
374 Payneham Road, Payneham

9am until 12pm  
Outdoor market  
(weather permitting)

We're sorry, but the very popular December workshop on DIY Christmas decorations is already booked out.

You can still book in for January's presentation which is 'An Hour with Fauna Rescue'. Register here - <https://www.eventbrite.com.au/e/an-hour-with-fauna-rescue-sa-tickets-462068839337?aff=ebdssbdestsearch>

Swap and Share, LETS stalls, live music, morning teas, Lebanese food, repair café, etc. Please bring whatever you need if you are having a stall - table, chair, etc.

Confirmation will be emailed out a few days before market when we know more about the weather forecast

### **Adelaide Hills Market**

Sunday 15th January 2023  
Charleston Hall, Newman Road,  
Charleston -only 35 mins from the CBD  
Held every 3 months  
Trading from 10am, Set up from 9am

Shared lunch and get together to follow the market. Fully equipped kitchen available. All trestles and chairs supplied, just bring a cloth. Feel like jamming? Bring a musical instrument. New members welcome, bring a friend if they are interested. Children welcome and there is a fabulous playground on the site.

Lots of space.

SMS Libby 0422468487 or  
[catjonali@gmail.com](mailto:catjonali@gmail.com)

### **Fleurieu LETS market**

Not being held in December as it falls on Xmas Day

Next Market Day is Sunday 29th  
January, 8.30-11am

Ekhidna Wines, 67 Branson road,  
McLaren Vale

If you'd like to have a trading table, the cost is 10 barts (or units)

Enquiries to Margi Beed:  
0417 835 884 or 08 8556 5032

## WELCOME TO NEW MEMBERS

0709 **Cheryl** (Port Noarlunga) Offers zucchini and spaghetti squash seedlings. Wants wood chips

0710 **Jodie** (Gawler) Offers sturt desert pea plants, massage, sauna.

0711 **Brett** (Wasleys) Offers lymphatic drainage, muscle correction, posture maintenance

0712 **Nikki** (Foreston) Offers crystals, bubblegum bead necklaces, earrings

0713 **Hardeep** (Myrtle Bank) Offers vegies. Wants indoor plants

0714 **Kathleen** (Nairne) Offers wardrobe, chest of drawers, retro desk. Wants herb and vegie plants

0715 **Christine** (Walkerville) Offers tutoring to age 11

### Offerings & Wants

Don't forget to log onto CES to update and check out the Offerings & Wants lists!

Some of the latest Offerings are: Samosonite suitcase, Strawberry plants, Sweet pea seeds, Hypnotherapy sessions, Worm Farm, Christmas pot holder and tea towel packs, Large gazebo for hire, Hessian sacks, Warrigal greens, Single doona and cover, Essential Oils, and many more!

Some of the latest Wants are: Orange sweet potato slips, Eggs, Folding utility step, Kefir grains, Garden help, Sunflower seedlings, Bamboo, Rose hips, Figs, and more!

## UPCOMING EVENTS

### Fundraising Event

At this stage, due to feedback we have received so far, we have narrowed it down to Sat 10th March or Sun 11th March, for a shared lunch and event, with invitations to go out to our interstate LETS friends to join us also. Please get in touch if you are interested in coming along or if you have any suggestions for a workshop talk or film we could play, or even if it's to recommend an alternative date, we are still in planning mode and have not yet finalised the details.

We will keep you posted on any updates and changes to this event.

### Hillier Mini Market and LETS catch up

Pending the date being finalised for the Fundraising Event above, we are looking to set another date in March for another mini market in Hillier, perhaps a week apart from the lunch. Watch this space!

Please contact Althea on 0491 624 158 with any queries in the meantime.

### CES and contact info

Sometimes, the CES site is unreliable when it comes to sending messages, so we recommend adding your contact information into your Offering or Want listings, such as your email address, or best contact number.

## Meet our Members!



I moved to Adelaide in 2009 and joined LETS in 2012 because I had heard about Adelaide Hills LETS previously and wanted to be part of a community using alternatives to cash. I traded mostly crocheted items for a number of years. When the demand for crocheted items dropped off I looked for other ideas to earn units. I'm a genealogist and love researching people's family trees so Candice, one of our previous admins, helped me to work out how I could offer my genealogy skills and this offering is still in demand today.

I love the trades that I've made over the years - fresh veggies, plants, birthday and Christmas gifts, holidays, I've got a refrigerator/freezer, all sorts of craft materials, dog sitting, gardening, rubbish removal, clothes and many, many more. All of these things have added to my life in some way whether it's through nourishment, enjoyment of my hobbies or improving my surroundings.

Being part of the LETS community and helping with the administration helped me to regain confidence in myself and my skills and I have now been able to take on a larger voluntary administration role with South Australian Makers and Makerspace Adelaide with the possibility of some paid work in the future.

My grandchildren love to come to the One Planet Market with me, because they usually go home with some kind of treasure or treat.

I'm looking forward to next year and all the events and new people to meet.

-Kylie



If you want to share your LETS story with us, please send us an email with a few photos, we would love to share it in our upcoming newsletters.!



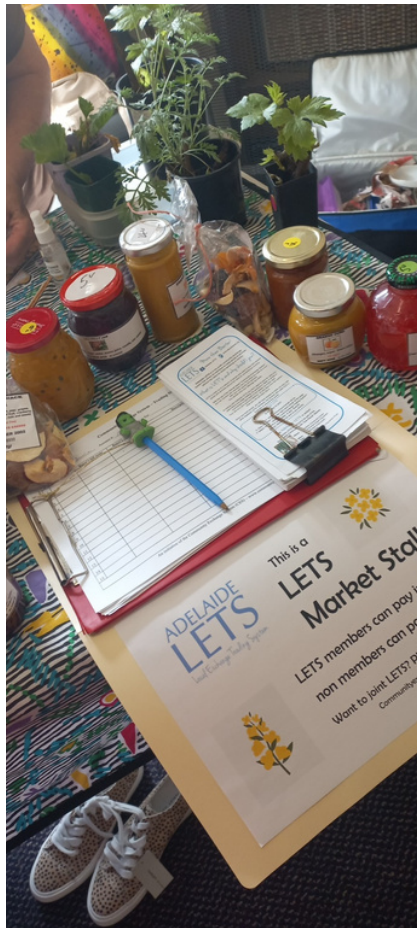


# Last Month's Events

## One Planet Market at Payneham

We were indoors this month as the weather was uncertain, however just as enjoyable to catch up and trade. The Home Waste Management workshop was very popular, see Rachel's write up below for more information.

-Sue



ADELAIDE  
LETS  
Local Exchange Trading System



9 R's of  
Sustainable  
Living

Rethink

Refuse

Reduce

Reuse

Re-Gift

Repair

Rent

Recycle

Rot

typical.co.uk



The latest workshop on Home Waste Management was a resounding success. Louise Alderson from EBL Consulting taught us that even though you think you're recycling well, there may still be ways in which you can do better. We had a mini recycle or landfill quiz, and Louise showed us ways in which we can organise our home waste to make it easier to manage, but the bottom line is rethink and refuse where possible. The less we bring into our homes, the less we have to take out of our homes.

-Rachel



## Last Month's Events

### Catch up at Rosemarie's

This was a small but pleasant group and we enjoyed trading, chatting and a yummy lunch. Shannon was happy to have her hair trimmed by Trish. Rosemarie wanted to say thank you to Diane, Trish, Sue and Shannon for coming.

-Sue



### Hillier Mini Market and LETS catch up

Had a great time at the mini market at Hillier last weekend! We had a small group due to the extreme heat forecasted for the day, but the air conditioning and fans in the hall kept things nice and cool for us.

We had about 15 people come by the market and to also to listen to Pauline's fascinating talk about Hypnotherapy and it's benefits. The key takeaway for me, is that you really need to want to solve the issue you are having, otherwise it will just not be effective for you. Pauline offers sessions through LETS for a generous price, as half cash and half units. (Pauline Barns, ALSA0689)

I was excited to meet some of our new members and picked up lots of goodies, yet more plants for my overcrowded garden, along with some organic tea, a body shop gift pack, and some craft bits and pieces for making cards.

Althea was a wonderful hostess, and we had a few non members pop through that live in Hillier who had never heard of LETS, so we made sure they took some flyers home to share with friends as well, and to come by for our next mini market in March.

-Jess



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