

Facts & Figures

Adelaide LETS
welcomed **4 new
members** in
July

Adelaide LETS
processed
**63
transactions**
totaling
1478Units
in July 2015
compared to 62
transactions
totaling 1017Units
in July 2014
(Annual Fee
numbers
omitted)

**Do you have
something you
would like
included in the
next issue of
"LETS Talk"**

**Please have it to
me by the 25th
of the month**

WANTED: Stall Holders at the LETS Garage Sale / Fete ?

It will be held Saturday 19th September 9-2pm at the Payneham Community Centre, in the top Hall.
Yep - Same day as the One Planet Market - So you don't have to miss that, or squeeze another event into your calendar!!!

Looking for those who would like to have a stall, or some trading/garage table/sale space.

Do you have a house full of items you are hoping to declutter?
Do you have a business or hobby you would like to showcase?
Maybe you have a skill you would be prepared to teach to others?

Why not grab one of the tables in the top hall & take advantage of the foot traffic the Market already brings!
(Please note, You will be required to bring your stall contents & take home whatever does not sell (or donate it to charity) - you will not be able to leave items there, or at the freecycle stall)

I'm hoping we can have a great mix of all of the above & of course, encourage those who regularly attend the market and have a stall to continue to do so.
For those who do 'foodie' type things at the market, it would be wonderful if you would consider bringing a taste platter, or similar to share with market goers. (Labelling criteria still apply)

Do you have something in mind that isn't covered here? I'd love to hear from you too!

For those interested in having some trading space, please let me know before August 7th by hitting "reply" to this e-mail.

If you could include your Name, LETS ID & what you hope to bring, along with the amount of space you may need (ie. a trestle table, 1/2 trestle table etc.) that would be greatly appreciated.

Please note—this is JUST an expression of interest—I will seek commitment & send more details closer to the date.

Happy Trading!
Candice

...Did you know...

Between the 2014 Annual LETS conference and the 2015 Annual LETS conference Adelaide LETS has moved from the 14th most active CES group in Australia to the 4th!

What's On In August?

Mon	Tue	Wed	Thu	Fri	Sat	Sun
31.					1. SISLETS Market 9.00-12.00	2.
3.	4.	5. Port-Adelaide Catch-up 10.00-12.00	6.	7.	8. LETS South Market 8.30-12.30	9.
10.	11.	12.	13.	14.	15. One Planet Market 9.00-12.00	16.
17.	18.	19.	20.	21.	22. LETS South Market 8.30-12.30	23.
24.	25. <i>Newsletter articles due now!</i>	26.	27.	28.	29. LETS South Market 8.30-12.30	30.

**Port Adelaide
Catch-up**

**SISLETS
Community
Market**
Clarence Park
Community
Centre,
74 East Ave, Black
Forest

**LETS South
Market**
Outside Green
Room Cafe
2 High Street
Willunga

**One Planet
Market**
Payneham
Community Centre
374 Payneham
Road
Payneham

Advance Notice for September Catch-Up

Please note the 2nd of September Catch-up will be hosted by
Helen and Will
NOT at the usual Port Adelaide Location.
Details will be listed on CES shortly & in the September Newsletter.

Would you be interested in hosting a LETS event?
Be it a catch-up, workshop, interest group, working bee or something entirely
different, anything extra that gets our members meeting face to face is a
wonderful thing.

You won't be in it alone, you will have Admin support and publicity through CES,
The Newsletter & word of mouth at other LETS events wherever possible.

Please get in touch today

Recommendations for July

Ian : Lawn mowing

Ian was reliable and efficient and did a great job of mowing our lawns.

Candice : Mending & Adapting

I can highly recommend Candice's mending and adaptation skills. She took an old kaftan and
made it into a top as well as mending the tears and worn parts of it. It is now a wearable gar-
ment!

Candice : Pirate Biscuits

A big thank you to Candice for the pirate biscuits for my grandson's pirate birthday party!! They
are gorgeous and I'm sure they will go down a treat.

Sharon : Dried Banana & Pantry Supplies

Sharon's dried banana is very yummy and also appreciate the opportunity to obtain
himalayan pink salt, chia seeds and cacao powder for LETS units!!!

TLC Windows : Window Cleaning

Tavia came and cleaned all our windows today - inside and outside and what a lovely result, and
she worked so quickly. Excellent job Tavia - Thank You from us both

Kylie : Photo restoration

Kylie, did a prompt and wonderful job on some photos I of mine that are B&W from the 1940's.
I'm working on a family genealogy scrapbook album and it is very helpful to have these restored
photos to work with.

Mini Maker Faire & LETS Workshop Opportunity

We have all heard the saying, one persons trash is anothers treasure; I think that might be the case with many of my current wants on Adelaide LETS.

What use are onion skins, avocado seeds, computer cables, broken or disused electronics, old woollen jumpers, jewellery and cassette?



What DO i do with them all?

I use onion skins and avocado seeds to make natural dyes for wool, silk and cotton. They give wonderful earthy tones that a packet of chemicals just can not produce. In the past I have also been able to use the excess I have had of these items to hold workshops for our members so they too can learn how to dye using natural resources.



Crochet, Unique Sculptures and Basketry are the main benefactor of the other peculiar items I obtain through LETS.

Inside old printer cables are many strands of brightly coloured wire which may be useless in their current form but are still visually pleasing in artwork. Likewise, broken and discarded jewellery and beadwork when broken down into its components get a stunning second life amongst my creations and the cassettes and videotapes are often what bring it all together.

Would you like to learn more?

I will be holding a LETS Workshop at the LETS Fete/Garage Sale where you can learn to make a simple basket and am also excited to be a part of the Adelaide Mini Maker Faire where I will have a stall teaching people to crochet with yarn alternatives.

Details can be found below:

Adelaide LETS Fete/Garage Sale

(With the September One Planet Market)

Top Hall, Payneham Community Centre

374 Payneham Road Payneham

Sat 19th September 9:30 to 1:30pm

**Adelaide Mini
Maker Faire®**

1284 South Rd, Clovelly Park

Sunday 1st Nov 2015

10am until 5pm

<http://www.makerfaireadelaide.com/>

<http://www.tonsley.com/>

Call for support for the Raw Milk movement and basic personal freedoms.

Hi all

I would like to invite people in the LETS community to support a cause I feel very strongly about, which impacts roughly 700 South Australians, and which may resonate with some of you.

You may have heard in the media about the Willunga dairy farmers, Mark and Helen Tyler, who have been dealing with the state government's prosecution for some time now.

For a number of years the Tylers have been successfully implementing a cow share program to enable the ever increasing number of people who make the informed choice of consuming raw milk instead of pasteurized milk to access this natural product by becoming shareholders in a herd.

In this way the raw milk is not subject to sale, and is delivered specifically and exclusively to the owners of the dairy cows, thus eliminating the possibility of it circulating in retail outlets and accidentally being consumed by someone other than the intended recipient.

The South Australian government has the option of acknowledging that in taking the steps to become legal owners of a dairy cow in order to be able to access raw milk (which is produced meticulously in accordance with the utmost standards of hygiene) people are clearly very serious about this issue.

The government could initiate reforms which include the introduction of the same regulations for raw milk production that are in place in countries such as Germany and France.

Instead, the government is proposing to change legislation to make it illegal to drink the raw milk from your own cow.

Mark Parnell of The Greens feels that people should be free to choose what they deem to be nutritious, and has moved to disallow this new regulation. In addition, he has formulated a petition for the shareholders to circulate in the community, so that people can show their support for freedom of choice in the matter of what we eat.

I would like to emphasize that the petition is not about whether or not an individual thinks raw milk or pasteurized milk is better. People are free to drink pasteurized milk if they feel safer in doing that, and don't mind that many of the benefits of the milk have been destroyed by the high-temperature processing. This is about freedom itself. I am not advocating irresponsible legislative changes that would allow inappropriately produced milk to be distributed under the guise of raw milk, without the safeguard of pasteurization.

In most countries in the world the two products are viewed as completely distinct, with the raw milk derived differently, handled differently, and subject to different tests to ensure the safety of the consumer. In addition, in the cow share model, only those who specifically subscribe to the program can buy the safely produced raw milk, ultimately keeping it in a closed group.

I would like to see grass roots, small scale farmers like the Tylers thriving in the community. I would also like to be free of the nagging concern about what will be next if people don't stand up for basic freedoms like the freedom to choose what they eat.

If anyone feels motivated to help lobby for a change in legislation that will bring Australia out of the dark age of prohibition and into alignment with practices in Europe they can help in the following way:

- Contact me and ask for an electronic version of the petition, or ask me to post physical copies, if you can't access a printer.
- Each copy of the petition has room for 10 signatures. If you know around 10 people who feel strongly about maintaining basic personal freedom and would be willing to get behind this cause, ask them to sign it.
- If you have a stall at the Payneham market and would be willing to make the petition available there, that would be helpful.

I will organize a way to retrieve signed physical copies of the petition to your greatest convenience. Any help is much appreciated.

Thank you for reading.

Darlene

ADMIN NOTE: Petition has been attached to newsletter for your printing convenience

